

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P Nataçã	P	1ª	P Ciclism	P	2ª	P Corrida	Total	Diff			
72	4202	1005	Paulo Quintino -		45-49	Clube Millenniumbcp	128	00:13:33	153	00:01:22	108	00:37:10	146	00:01:02	43	00:18:07	01:11:15	00:09:56
208	4069	1005	João Silva -		50-54	Clube Millenniumbcp	66	00:11:43	65		65		243	00:01:23	189	00:21:32	01:22:20	00:21:01
215	4581	1005	Bruno Vaz -		45-49	Clube Millenniumbcp	176	00:14:36	181	00:01:31	228	00:42:47	176	00:01:06	239	00:22:58	01:23:00	00:21:41
238	4715	1029	Filipe Horta -		50-54	Clube Millenniumbcp	73	00:11:52	277	00:02:28	251	00:44:26	288	00:01:51	281	00:26:11	01:26:50	00:25:31
277	6140	1032	Pedro Neves -		50-54	Clube Millenniumbcp	284	00:19:47	283	00:02:45	271	00:46:48	84	00:00:55	212	00:22:06	01:32:22	00:31:03
287	4846	1032	António Seixas -		50-54	Clube Millenniumbcp	246	00:16:35	264	00:02:12	289	00:52:10	293	00:02:01	253	00:23:41	01:36:40	00:35:21
	4623	1005	PAULO SILVA	DQ	40-44	Clube Millenniumbcp		00:13:29		00:01:35		00:42:55		00:01:15		00:20:42	01:19:58	00:18:39