

17 de março de 2024

21 k



Pos	Name	Bib	Category	Pos cat	ChipTime	Team	Pace
232	Henrique Martins	14309	M60	1	01:22:07	Clube Millennium BCP	00:03:54
590	Nuno José De Carvalho Prazeres	15307	M55	14	01:28:31	Clube Millennium BCP	00:04:12
838	Nuno Lopes	14336	M50	60	01:31:33	Clube Millennium BCP	00:04:20
896	Carlos Justo	14296	M45	104	01:32:16	Clube Millennium BCP	00:04:22
1030	Diogo Justino	14301	M40	165	01:33:44	Clube Millennium BCP	00:04:27
2473	Pedro Sa	14341	M50	198	01:43:54	Clube Millennium BCP	00:04:55
2877	Antonio Seixas	14293	M60	47	01:45:52	Clube Millennium BCP	00:05:01
2906	Rui Ramalho	14345	M55	130	01:46:02	Clube Millennium BCP	00:05:02
3463	Ana Marques	14290	W60	3	01:49:00	Clube Millennium BCP	00:05:10
3609	Carlos Nunes	14298	M55	158	01:49:46	Clube Millennium BCP	00:05:12
3691	Mario Duarte	14330	M50	285	01:50:09	Clube Millennium BCP	00:05:13
3768	Francisco Torres	14307	Sen-M	1171	01:50:34	Clube Millennium BCP	00:05:14
3904	Fernando Rodrigues	14306	M55	173	01:51:14	Clube Millennium BCP	00:05:16
3999	Manuel Ponte	14323	M55	176	01:51:45	Clube Millennium BCP	00:05:18
4106	Pedro Silva	14343	M55	181	01:52:11	Clube Millennium BCP	00:05:19
4215	Sofia Ramalho	14347	Sen-F	352	01:52:36	Clube Millennium BCP	00:05:20
4319	Luis Frade	14321	M45	467	01:53:06	Clube Millennium BCP	00:05:22
4564	Nuno Filipe Da Silva Ferreira Torcato	17130	M45	495	01:54:14	Clube Millennium BCP	00:05:25
4662	Carlos Ramos	14299	M55	205	01:54:36	Clube Millennium BCP	00:05:26
5386	Marcos Noritake	14324	M55	238	01:57:33	Clube Millennium BCP	00:05:34
5779	João Manuel Nunes Vaz	15308	M60	110	01:59:00	Clube Millennium BCP	00:05:38
5780	Jorge Salvado	14317	M60	111	01:59:00	Clube Millennium BCP	00:05:38
5898	Jose Marques	14319	M50	453	01:59:28	Clube Millennium BCP	00:05:40
6111	Henrique Ponte	14310	Sen-M	1755	02:00:25	Clube Millennium BCP	00:05:42
6265	Joao Couto	14312	M50	478	02:01:02	Clube Millennium BCP	00:05:44
6495	Joao Esteveira	14313	M55	289	02:02:03	Clube Millennium BCP	00:05:47
6935	Martim Calmeiro	14333	Sen-M	1924	02:04:10	Clube Millennium BCP	00:05:53
7748	Vanda Rosa	14349	W45	266	02:07:53	Clube Millennium BCP	00:06:04
7962	Marta Pereira	14332	W45	279	02:08:46	Clube Millennium BCP	00:06:06
8247	Maria Pereira	14326	W45	291	02:10:08	Clube Millennium BCP	00:06:10
8412	Adriano Pinto	14289	M70	25	02:10:47	Clube Millennium BCP	00:06:12
8414	Mariana Pinto	14328	W35	305	02:10:47	Clube Millennium BCP	00:06:12
8671	Joao Silva	14316	M60	190	02:11:51	Clube Millennium BCP	00:06:15
8961	Pedro Broco	14339	M50	685	02:13:12	Clube Millennium BCP	00:06:19
9493	Jose Rebelo	14320	M55	462	02:16:06	Clube Millennium BCP	00:06:27
10054	Pedro Santos	14342	M50	769	02:19:42	Clube Millennium BCP	00:06:37
19217	Marina Morgado	14329	Sen-F	1360	02:20:38	Clube Millennium BCP	00:06:40
11040	Mario Mendes	14331	M60	257	02:26:28	Clube Millennium BCP	00:06:57
11047	Carlos Mendes	14297	Sen-M	2637	02:26:31	Clube Millennium BCP	00:06:57
11142	Nuno Rodrigues	14337	M55	542	02:27:08	Clube Millennium BCP	00:06:58
11325	Francisco Vieira	14308	M50	846	02:28:38	Clube Millennium BCP	00:07:03
12013	Pedro Geada	14340	Sen-M	2815	02:35:56	Clube Millennium BCP	00:07:23
12340	Antonio Mories	14292	M60	309	02:40:19	Clube Millennium BCP	00:07:36
12344	Andre Pereira	14291	M55	597	02:40:22	Clube Millennium BCP	00:07:36
13139	Felicidade Assane	14303	W60	106	03:04:07	Clube Millennium BCP	00:08:44
	Barbara Ines L B Bernardino	14294			DNS		
	Joao Duarte Belchiorinho Bernardino	14311			DNS		
	Jorge Alexandre Valerio Soares	14318			DNS		
	Neville Suzman	14335			DNS		
	Patricia Alexandra Castanheira Dinis	14338			DNS		
	Telma Monteiro M Duarte Quintino	14348			DNS		

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10 k



Pos	Name	Bib	Category	Pos cat	ChipTime	Team	Pace
245	Ricardo Rogeiro	14344	M40	27	00:45:42	Clube Millennium BCP	00:04:34
396	Antonio Balinho Do O	26125	Sen-M	149	00:48:19	Clube Millennium BCP	00:04:50
634	Goncalo Teixeira	26137	Sen-M	225	00:50:47	Clube Millennium BCP	00:05:05
970	Ricardo Sena	26166	Sen-M	317	00:53:37	Clube Millennium BCP	00:05:22
983	Pedro Tome	26163	M45	100	00:53:43	Clube Millennium BCP	00:05:22
1109	Rui Fidalgo	26167	M55	46	00:54:43	Clube Millennium BCP	00:05:28
1555	Paulo Rodrigues	27529	M35	164	00:57:37	Clube Millennium BCP	00:05:46
1615	Carla Medeiros	14295	W40	66	00:58:00	Clube Millennium BCP	00:05:48
1794	Andre Salvado	26123	Sen-M	481	00:58:56	Clube Millennium BCP	00:05:54
1847	Olga Lopes	26156	W45	64	00:59:09	Clube Millennium BCP	00:05:55
1855	Joao Seborro	14315	M55	80	00:59:13	Clube Millennium BCP	00:05:55
2335	Mariana Alves	14327	Sen-F	315	01:01:50	Clube Millennium BCP	00:06:11
2717	Jorge Brogueira	26143	M55	114	01:03:48	Clube Millennium BCP	00:06:23
2835	Luis Carvalho	26147	M60	72	01:04:28	Clube Millennium BCP	00:06:27
2864	Joaquim Manuel Oliveira Fulgencio	30641	M65	27	01:04:36	Clube Millennium BCP	00:06:28
2928	Leonel Brandao	26145	M55	123	01:04:59	Clube Millennium BCP	00:06:30
2930	Joana Couto	26139	W45	141	01:05:00	Clube Millennium BCP	00:06:30
3016	Pedro Simplicio	26162	Sen-M	684	01:05:27	Clube Millennium BCP	00:06:33
3554	Dulce Ramos	14302	W50	110	01:08:24	Clube Millennium BCP	00:06:50
3574	Fernando Adrega	14304	M50	222	01:08:31	Clube Millennium BCP	00:06:51
3967	Emiliana Loureiro	26134	W40	223	01:10:41	Clube Millennium BCP	00:07:04
3998	Joao Brogueira	26140	Sen-M	830	01:10:52	Clube Millennium BCP	00:07:05
4782	Joao Salvado	26141	Sen-M	959	01:16:13	Clube Millennium BCP	00:07:37
4783	Cristina Leitao	26133	W60	36	01:16:13	Clube Millennium BCP	00:07:37
4882	Sonia Frade	26169	W45	294	01:17:01	Clube Millennium BCP	00:07:42
5226	Rafael Balinho Do O	26164	Sen-M	1008	01:20:28	Clube Millennium BCP	00:08:03
5230	Jose Balinho Do O	26144	M65	66	01:20:30	Clube Millennium BCP	00:08:03
5237	Bernardo Paraiba	26126	M65	67	01:20:31	Clube Millennium BCP	00:08:03
5476	Tiago Duarte	26170	M45	405	01:23:05	Clube Millennium BCP	00:08:19
5515	Mark Capucho	26152	M40	412	01:23:26	Clube Millennium BCP	00:08:21
5567	Pedro Costa	26160	M40	418	01:24:08	Clube Millennium BCP	00:08:25
5578	Ana Carvalho	26120	W40	345	01:24:11	Clube Millennium BCP	00:08:25
5663	Carla Brito	26127	W50	217	01:25:03	Clube Millennium BCP	00:08:30
5922	Fernando Ferreira	14305	M70	61	01:28:33	Clube Millennium BCP	00:08:51
6275	Catarina Sena	26132	Sen-F	1204	01:32:48	Clube Millennium BCP	00:09:17
6569	Fock Wan	26135	W70	27	01:36:12	Clube Millennium BCP	00:09:37
6584	Neridiana Nunes	26155	W45	464	01:36:22	Clube Millennium BCP	00:09:38
6586	Vasco Nunes	26172	M50	363	01:36:24	Clube Millennium BCP	00:09:38
6832	Gil Sena	26136	M55	250	01:38:53	Clube Millennium BCP	00:09:53
6858	Licinio Silva	26146	M60	164	01:39:16	Clube Millennium BCP	00:09:56
7459	Maria Salgado	26151	W55	225	01:45:24	Clube Millennium BCP	00:10:32
7466	Miguel Brogueira	26153	Sen-M	1229	01:45:26	Clube Millennium BCP	00:10:33
7471	Ana Salgado	26122	W60	118	01:45:27	Clube Millennium BCP	00:10:33
7687	Manuela Fonseca	26148	W70	51	01:47:23	Clube Millennium BCP	00:10:44
8026	Maria Loureiro	26150	Sen-F	1494	01:50:15	Clube Millennium BCP	00:11:01
8177	Valdemar Ferreira	26171	M70	107	01:51:37	Clube Millennium BCP	00:11:10
8208	Carla Fidalgo	26128	W50	444	01:51:58	Clube Millennium BCP	00:11:12
8212	Ricardo Fidalgo	26165	Sen-M	1284	01:52:01	Clube Millennium BCP	00:11:12
8325	Jacqueline Moiteiro	26138	W70	72	01:53:13	Clube Millennium BCP	00:11:19
8428	Maria Belchiorinho	14325	W70	74	01:54:06	Clube Millennium BCP	00:11:25
8429	Maria Costa	26149	W70	75	01:54:07	Clube Millennium BCP	00:11:25
8430	Sandra Belchiorinho	14346	W50	471	01:54:07	Clube Millennium BCP	00:11:25
8439	Monica Carvalho	26154	Sen-F	1552	01:54:13	Clube Millennium BCP	00:11:25
8445	Paula Farinha	26157	W50	475	01:54:14	Clube Millennium BCP	00:11:25
8446	Paulo Carvalho	26159	M50	437	01:54:14	Clube Millennium BCP	00:11:25

Andre Alexandre Reis Silva	26124	DNS
Carla Sofia Monteiro Trabulo	26129	DNS
Joaquim Manuel Cunha Gomes Da Costa	26142	DNS
Paulo Manuel Virgilio Cachudo	26158	DNS
Mariana Ravasco	26168	DNS
Virgilio Farinha Ferreira	26173	DNS

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Pos	Name	Bib	Category	Pos cat	ChipTime	Team	Pace
	Alexandra Pereira Carmo	26119			DNS/DNF		
	Carlos Manuel Castelo Branco Espirito Santo	26130			DNS/DNF		
	Carlos Alberto Almeida Tome	26131			DNS/DNF		
	Pedro Manuel Passinhas Fontes	26161			DNS/DNF		